

A Prognostication.

castle in Emdin, Shaftsbury, Clathera, Maes, aber-
 kenen, Banmuth, Trearne, and Withgrigge: munda-
 day after s. Martins, at Eglesfrew in kearnes, and
 Carnaruan: 13. at Guplford: 15. at llanmthuerp
 and Machenleth: 17. at Wyde, Northampton, Spal-
 docke, at Charlow, Lincoln, & Northam: 20. at s. Ed-
 mundsbury, Petworth, Heathende, & Pingerstone: 22
 at Pembont, Sawthp: the 23. at Ludlowe, Sand-
 wich, Frome, Tuddington, ashmkead, Kate-croffe,
 biwelth, Bangor, earline, and higham-ferpyes: 28. at
 ashbarne: 29. at Wawroft: 30. at Beawdley, De-
 westree, Cubley, Bostone, Warrington, bedford in
 Popeshpye, Wakefield, Rochester, Greentreed, Pe-
 terfelde, Balocke, amptill, Colling-borow, May-
 denbrackley, Harberth; Procees in Gower, Cob-
 ham: Gargreut: Prestone: harleigh: Bradford:
 and Turbury.

¶ December.

TH 5. day at Pluckley: Dolgeth, and Newton
 the 6. at Trundell: s. Needs, Exeter, Norwich
 Grantham, Seuenzeke, Woodstocke, Spalding and
 Henningham: 7. at Sharnhurst: at Leicester: at
 Northampton, Rinnar, Malpasse, Clytherall,
 Welkome, Whitland, Raerdigan, and Besomar-
 reis, 13. at Llansuen. 21. at Hornby: at llande-
 lavalow. 29. at Canturbury, Salisbary, and Roy-
 son,

FINIS.



A Prognostication.

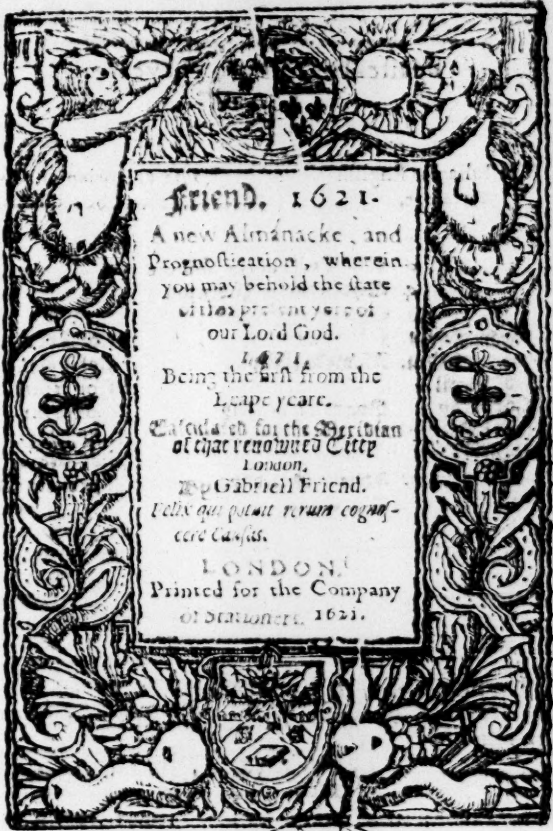
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 ladvow. 29. at Canturbury, Salisbury, and Roy-
 don,

FINIS.





Friend, 1621.

A new Almanacke, and
Prognostication, wherein
you may behold the state
with the present year of
our Lord God.

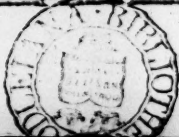
Being the first from the
Leape year.

Calculated for the Christian
of that renowned City
London,

By Gabriell Friend.

*Felix qui potuit verum cognos-
cere Casus.*

LONDON,
Printed for the Company
of Stationers, 1621.



The Common Notes and moueable Feastes for this present yeare.

1621.

The Iulian or English
Accompt,

The Gegorian or new
accompt beyond sea.

7	The Golden Number	7
6	The Cycle of the Sunne	6
4	The Roman Indiction	4
6	The Dominicall Letter,	C
11. of Febu.	Shrouelunday,	21. of Febua.
14. of Febu.	Shwednesday	24. of Febua.
1. of Apill	Easter day,	11. of Apill.
6. of May	Ascension Sunday	16. of May.
10. of May	Ascension day,	20. of May.
20. of May	Whituesday,	30. of May.
3. December	Aduent Sunday,	28. November
17.	The Epact	17.

Of the Ember or Fasting dayes.

The Wednesday, Friday, and Sa- turday after	Quadragesima	} these moueable.
	Whituesday,	
	Holy Crosse,	} these fixed, Holy
	St. Lucy.	
		Crosse 14. of Sep- tember. St. Lucy the 13. of Decemb.

A Briefe and compendious Chronologic, or
Computation of yeares.

Since the Creation of the World.	5582
Since the flood of Noah.	3926
Since the destruction of Sodom.	3536
Since Israels departure out of Egypt.	3129
Since Salomon built the Temple.	2634
Since London was built.	2729
Since Poike was built.	2587
Since the building of Poike=Minster.	902
Since R. William Conquered England.	553
Since Pauls Church in London was built.	535
Since our Minster Hall was built by R. W. Rufus.	522
Since London=bridge was built of stone.	445
Since the institution of the H. order of the Garter	277
Since the first invention of Guns.	241
Since the first inventing of Printing.	161
Since D. Luther detected Popish falshoods.	104
Since R. H. 8. crushed the Popes power in England.	87
Since the Rebellion in Yorkshire by Aske.	84
Since Register booke began in every Parish.	83
Since King Henry Conquered Builgoyne.	77
Since the beginning of blessed Q. Elizab. Raigne.	63
Since Duse=bridge at Poike was broken downe.	57
Since the birth of our Souer. R. James, June, 19.	54
Since the rebellion of the two Northren Earles.	52
Since the great Massacre in France by Papists.	49
Since the last Deepe snowe.	42
Since the generall Earthquake.	41
Since Tilbury Campe.	33
Since Hacker a new Christ was proclaymed.	30
Since the damnable Poudr. plot, Nouember, 5.	16
Since the birth of Illust. P. Charles, Nouemb. 19.	21
Since the last great frost.	19
Since the last great snow.	1
Since the Coronation of R. James in Scotl. July 29.	54
Since the Kings Inauguration in Engl. March 24	18

The Anatomie of Mansbody, as the partes
thereof are gouerned by the xij. Signes
of the Zodiacke.



Aries, Head and face : Taurus, Neck and Throat:
Gemini, Armes & Shoulders: Cancer, brest, Stomack & ribs:
Leo, Heart and Wache : Virgo, Bowels and Belly:
Libra, Keynes and Loynes: Scorpio, Decret members:
Sagittarius, the Thighes : Capricornus, the knees:
Aquarius, the Legges : Pisces, the feete.

January hath xxxj. dayes.

Colde Janus loues warme Cloathes,
Hot meates and Brothes also:
Blood-letting is vnhoolsome,
Vse warme Baths, colde forgoe.

Account
beyondes

i	a	Primeres b	Virg. 6	d	11
ij	b	Oct. Steph	Virg. 21	e	12
iiij	c	Oct. John	Libi. 5	f	13
iiij	d	Oct. Innoc.	Libi. a 20	g	14
v	e	Oct. Thom.	Scor. 3	a	15
vj	f	Emere day.	Scor. 17 night.	b	16
vij	g	Felices	Sag. 9	c	17
vij	a	Lucian presb	Sag. 12	d	18
ix	b	Indocic	Sag. 25	e	19
x	c	Solin Aquar	Cap. 7	f	20
xj	d	Linus mart.	Cap. 19	g	21
xij	e	Trechad. mar	Suar. 1	a	22
xij	f	Hilarte b sh.	Aqua. 12	b	23
xij	g	Felix presb	Aqua. 24	c	24
xv	a	Mauricius	Pisces. 6	d	25
xvj	b	Marcellus	Pisc. 17	e	26
xvij	c	Sulpitij	Tries 0	f	27
xvij	d	Prisca	Tries 12	g	28
xix	e	Molitan bish	Tries 24	a	29
xx	f	Saba & Deba	Taur. 7	b	30
xxj	g	Agnes virg.	Tau. 20	c	31
xxij	a	Vincentius	Gem. 3	d	1
xxij	b	Jan. bish	Gem. 17	e	2
xxij	c	Timothy. Bish	Tan. 1	f	3
xxv	d	Con. of Paul	Tan. 15	g	4
xxvj	e	Holcarp	Leo 0	a	5
xxvij	f	Julian	Leo 15	b	6
xxvij	g	Agnetis	Virg. 0	c	7
xxix	a	Valerius	Virg. 15	d	8
xxx	b	Patild Duc	Libi. 0	e	9
xxx	c	Saturnine	Libi. 14	f	10

February hath xxviij. dayes.

Of Milke and Fennish Fowle take heed,
For they will bring thee harme:
Beware no Surgeon let thee Bleed,
Be sure to keepe thee warme.

Accomp
beyndica

i	d	Buger	Lib. 28		g	11
ii	e	1st of Feb	Dec. 10		a	12
iii	f	Elise bish.	Dec. 25	1st quarter the	b	13
iiii	g	Gilbert bish.	Aug. 8	1. day, at 9. of the	c	14
v	a	Agathe virg	Aug. 21	clock in the after	d	15
vi	b	Meda & Na	Capri 4	noone.	e	16
vii	c	Bugue bish	Cap. 16		f	17
viii	d	Paul bishop	Can. 28		g	18
ix	e	Scholastica	Aqua. 9	1st moone the	a	19
x	f	Sol in Pices.	Aqu. 21	1. day, nere halfe	b	20
xi	g	4. h. ouelunc	Pisc. 3	in heur after 10.	c	21
xii	a	Terre ends	Pisc. 14	in the morning.	d	22
xiii	b	Mollan	Pisc. 26		e	23
xiiii	c	Althvedulda	Vries 8	St. Valentine.	f	24
xv	d	Faroline	Vries 20		g	25
xvi	e	Julian virg	Aur. 2		a	26
xvii	f	Solixon bi.	Can. 15	1st quarter the	b	27
xviii	g	Humort bish.	Can. 28	19. day, a litle afte	c	28
xix	a	Sabine mar	Gen. 11	1. day, in the moy-	d	1
xx	b	Mildred virg.	Gen. 25	ning.	e	2
xxi	c	70. Martyrs	Can. 9		f	3
xxii	d	Peters Cha	Can. 23		g	4
xxiii	e	Pollcar. East	Leo 8		a	5
xxiiii	f	St. Mathur	Leo 23	Full moone the	b	6
xxv	g	Innen. Paul	Virg. 8	26. day, nere 1. in	c	7
xxvi	a	Hector mar.	Virg. 23	the morning.	d	8
xxvii	b	Augustine	Libr. 8		e	9
xxviii	c	Olwalo	Libra 22		f	10

Note that in the Leape year there is xxix. dayes in this
Month onely.

March hath xxxj. dayes.

Take Physicke now the time is good,
If health thou want then let thee blood:
So maist thou humors drie away,
That brings the body to decay.

Accomp
beyondica

i	d David bish	Deco. 7		g	11
ij	e Chadde bish	Deco. 20		a	12
iii	f Maurice	Agit. 1	☾ Last quarter the	b	13
iiii	g Idrian	Agit. 17	☾ 5. day, a quarter	c	14
v	a Iocaz	Capit. 2	☾ after high noone.	d	15
vi	b Victor	Cap. 12		e	16
vii	c Perpetua	Cap. 24		f	17
viii	d Felix	Agu. 6	●	g	18
ix	e Spoline	Agu. 18	☾ New moon the	a	19
x	f Agapit	Pisc. 0	☾ 13. day, at 4. in	b	20
xi	g Sol in Aries	Pisc. 12	☾ the morning.	c	21
xii	a Gregoile	Pisc. 24		d	22
xiii	b Theodoze	Aries 5		e	23
xiiii	c Petri	Aries 17		f	24
xv	d Longini	Aries 29	☾ first quarter	g	25
xvi	e Millari	Tau. 12	☾ the 20. day, 37.	a	26
xvii	f Gertrude	Tau. 24	☾ minutes after 7.	b	27
xviii	g Edward R.	Gem. 7	☾ at night.	c	28
xix	a Ioseph mart	Gem. 20		d	29
xx	b Curbert	Can. 4		e	30
xxi	c Benedict	Can. 18		f	31
xxii	d Anodile	Leo 1		g	1
xxiii	e Theodoze	Leo 17		a	2
xxiiii	f Iust. Key. Iac	Virgo 2	☾ full moone the	b	3
xxv	g Iuan of Aza	Vir. 17	☾ 27. day, nare 11	c	4
xxvi	a Caloz & Pal	Lib. 2	☾ in the morning.	d	5
xxvii	b Martianus	Lib. 16		e	6
xxviii	c Dorothe	Scor. 1		f	7
xxix	d Primine	Scor. 15		g	8
xxx	e Quirine	Scor. 29		a	9
xxxi	f Adelme	Ag. 12		b	10

Aprill hath xxx. dayes.

Those meates are meete in Aprill,
Which March desir'd to haue :
Blood-letting now doth very well,
Now purging medicines craue.

Account
beyond sea

i	Q	Easter day	Sag. 25		11
ii	a	Mary Egle. Cap.	8		12
iii	b	Richard bish	Cap. 20		13
iiii	c	Ambrose.	Aquar. 3	Last quarter the	14
v	d	Maxian bi.	Aqua. 15	3. day, a quarter	15
vi	e	Maxian bish.	Aqua. 27	after 4. after-	16
vii	f	Eufania	Pisc. 9	noone.	17
viii	Q	Egippus	Pisc. 21		18
ix	a	Perpetuus	Aries. 3		19
x	b	Ethi. & Mal	Aries 15		20
xi	c	Solin & Taur.	Aries 27	New moon the	21
xii	d	Julius bish.	Tau. 9	11. day, halfe an	22
xiii	e	Fenon bish.	Tau. 21	houre past 7. a	23
xiiii	f	Adoys bish.	Gem. 4	clocke at night.	24
xv	Q	Oswald	Gem. 17		25
xvi	a	Antere	Can. 1		26
xvii	b	Whicon. bish	Can. 14		27
xviii	c	Corn. & Egin	Can. 28		28
xix	d	Winifred	Leo 13	first quarter	29
xx	e	Alto	Leo 27	the 19. day, three	30
xxi	f	Dorer & Gal	Virg. 12	quarters after 2.	1
xxii			Virg. 27	in the morning.	2
xxiii	a	St. George.	Libr. 11		3
xxiiii	b	Wilfrid	Libr. 25		4
xxv	c	Agathe. Qu.	Scor. 9		5
xxvi	d	Clete bish.	Scor. 23	full moone the	6
xxvii	e	Anastacius	Sag. 7	25. day, a little	7
xxviii	f	Michael. an.	Sag. 20	8. at night.	8
xxix	Q	Peter of M.	Cap. 3		9
xxx	a	Dep. of Crk.	Cap. 15		10

May hath xxxj. dayes.

Rise early now this Month of May,
And walke the Fields both fresh and gay,
From surfeiting see thou refraine,
For soone it will procure thy paine.

Accompt
beyondica

i	b	May Day	Cap. 28	c	11
ij	c	Archanaſſus	Aqua. 10	f	12
iii	d	Inuen. Croſ	Aqua. 22	g	13
iiii	e	Chriſtopher	Diſc. 4	a	14
v	f	Godoard.	Diſc. 17	b	15
vi	g	Bartholomew	Diſc. 29	c	16
vii	a	John Beuer.	Trics 11	d	17
viii	b	Thy. Micha.	Trics 23	e	18
ix	c	Godan ſa	Taur. 6	f	19
x	d	Stemthand	Taur. 18	g	20
xi	e	St. Vincent	Gem. 1	a	21
xij	f	Pereus.	Gem. 14	b	22
xiii	g	Sernarius	Gem. 27	c	23
xiiii	a	Sernarius	Can. 11	d	24
xv	b	Yldore	Can. 25	e	25
xvi	c	Brandarij	Leo 9	f	26
xvii	d	Boahent. Ir	Leo 23	g	27
xviii	e	Dioſcor	Marg. 8	a	28
xix	f	Dunſtan ſa	Marg. 22	b	29
xx	g	Barthanday	Libra. 7	c	30
xxi	a	Barnardine	Libz. 21	d	31
xxii	b	Wellbery	Scorp. 5	e	1
xxiii	c	Julian	Meo. 19	f	2
xxiiii	d	Bernull	Sag. 2	g	3
xxv	e	Auguſtine	Sag. 15	a	4
xxvi	f	Bede	Sag. 28	b	5
xxvii	g	Trinity ſund	Cap. 11	c	6
xxviii	a	Germane	Capz. 23	d	7
xxix	b	Piehouede	Aqua. 5	e	8
xxx	c	Coronius	Aqua. 18	f	9
xxxi	d	ſeſt	Diſc. 0	g	10

C
Last quarter the
3. day, a quarter
after 10. in the
morning.

●
New moon the
11. day, halfe an
houre after 8. in
the morning.





☾
First quarter
the 18. day, at 8.
in the morning.

☀
Full moone the
25. day, halfe an
houre after 6. in
the morning.

Iune hath xxx. dayes.

Coole Hearbes in Iune are very meete,
 But such meates shun chiefly :
 As shall be neither new nor sweete,
 Take pleasure moderately.

Accomp
 beyond sea

i	e	the best	Pisc. 12		a	11
ij		Marcelline	Pisc. 24		b	12
iiij	o	Crasimus	Bries 6	 Last quarter the	c	13
viij	a	Quirine	Bries 19	2. day, 3. quarters	d	14
x	b	Bonitace	Tau. 1	after 3. in the	e	15
xiiij	c	Claudius	Tau. 14	morning.	f	16
xviij	d	Wolston	Tau. 27		g	17
xx	e	Medard	Gem. 10		a	18
xxiiij	f	Edmund	Gem. 23		b	19
xxviij	g	Innocent	Can. 7	 New moon the	c	20
xxxiij	a	Solin Cancer	Can. 21	9. day, at 7. at	d	21
xxxv	b	Longest day	Leo 5	night.	e	22
xxxviij	c	Anthony	Leo 20		f	23
xxxx	d	Basil	Virgo 4		g	24
xxxxiiij	e	Uite & Mod	Virg. 19		a	25
xxxxviij	f	Trans Rich	Lib: a 3		b	26
xxxxxiij	g	Botulph ma	Lib: 18	 First quarter	c	27
xxxxxv	a	Mar. a Mar	Scor: 2	the 16. day, 3.	d	28
xxxxxviij	b	Nat Rex Iaco	Scor: 15	quart. after high	e	29
xxxxxx	c	Terme ends	Scor: 29	noone.	f	30
xxxxxxiiij	d	Malburge	Mag. 12		g	1
xxxxxxviij	e	Albane	Mag. 25		a	2
xxxxxxx	f	Etheld. falk	Cap. 7		b	3
xxxxxxxiiij	g	John Bapt.	Cap. 19	 Full moone the	c	4
xxxxxxxviij	a	Eligij	Aqua. 2	23. day, halfe an	d	5
xxxxxxxxiij	b	John & Paul	Aqu. 14	houre past 6. at	e	6
xxxxxxxv	c	Trisence	Aqua. 26	night.	f	7
xxxxxxxviij	d	Leonis falk	Pisces 8		g	8
xxxxxxxix	e	St Peter	Pisc. 20		a	9
xxxxxxxxiij	f	Con of Paul	Bries 2		b	10

July hath xxxj. dayes.

Sleepe not too much to coole Bathes flie,
 Refuse to vie Phlebotomie:
 The Grasse that growes to morrow's Hay,
 And Man that's now assoone is Clay.

Accompe
 beyond sea

i	Oct. St. Jo. Aries 1.4		11
ij	a Mille. Mary Aries 26	☾	d 12
iii	b Gregory Taur. 9	Last quarter the	e 13
iiii	c Hillich Tau. 22	1. day, a quarter	f 14
v	d Zone virgin. Gem. 5	after 8. at night	g 15
vi	e Gem. 18		a 16
vii	f Octo Peter Can. 2		b 17
viii	g Trans. Tho. Can. 16	●	c 18
ix	a Grimbald Leo 0	New moone the	d 19
x	b Cirill ish. Leo 15	9. day, 40. minut.	e 20
xi	c 7. Wethzen. Leo 29	after 3. in the mo	f 21
xii	d Sum. Leo. Vir. 14	ning.	g 22
xiii	e Private Virg. 29		a 23
xiiii	f Bonavent. Libr. 14		b 24
xv	g St. Swith. Libr. 28	First quarter	c 25
xvi	a Deco. 12	the 15 day, halfe	d 26
xvii	b Trans. of Ma Deco. 26	an houre past 6.	e 27
xviii	c Alexij Sag. 9	at night.	f 28
xix	d Ruff. & Just. Sag. 22		g 29
xx	e Our Dayes b Capr. 4	☾	a 30
xxi	f Starred Cap. 17	Full moone the	b 31
xxii	g Margaret vi Cap. 29	23. day, after 8. in	c 1
xxiii	a Mary Mag. Aqu. 11	the morning.	d 2
xxiiii	b Spolme Aqu. 23		e 3
xxv	c James Pisce. 4		f 4
xxvi	d Anna Pise. 16	☾	g 5
xxvii	e 7. Sleepers Pise. 28	Last quarter the	a 6
xxviii	f Sampson Aries 10	31. day, a litle af-	b 7
xxix	g Martha Aries 22	ter 11. in the mo-	c 8
xxx	a Thodon Taur. 4	ning.	d 9
xxxi	b German Taur. 17		e 10

August hath xxxj. daues.

Take little Sleepe as little Wine,
Take heed also of Venerie :
Beware, abstaine from Medicine,
Fly colde Bathes and Phlebotomie.

Accomp
beyondica

i	c	Laurens di.	Gem. 0	f	11
ij	d	Stephen bi.	Gem. 13	g	12
liij	e	Laurent. Dec	Gem. 26	a	13
liij	f	Justinus	Can. 10	b	14
v	g	Forbes con	Can. 24	c	15
vi	a	Dextus	Leo 9	d	16
vij	b	Donatus	Leo 23	e	17
vij	c	Ciriac	Virg. 8	f	18
ix	d	Romane	Virg. 23	g	19
x	e	Laurence	Lib. 8	a	20
xj	f	Tibert.	Lib. 23	b	21
xij	g	Dolm Vapo	Dec. 7	c	22
xij	a	Clara	Dec. 21	d	23
xij	b	Hypolito	Mag. 5	e	24
xv	c	Alamp. Ma	Mag. 18	f	25
xvi	d	Roch martir	Cap. 1	g	26
xviij	e	Oto Lauren	Cap. 14	a	27
xviij	f	Agapitus	Cap. 26	b	28
xix	g	Magn. mart.	Squar. 8	c	29
xx	a	Leonardus	Squa. 20	d	30
xxj	b	Barnardus	Wices 2	e	31
xxij	c	Dea Mary	Wic. 13	f	1
xxij	d	Timo. Cap	Wic. 25	g	2
xxij	e	Martha	Dries 7	a	3
xxv	f	Ludouicus	Dries 18	b	4
xxvi	g	Seuerine	Tau. 0	c	5
xxviij	a	Woz day xvj	Tau. 13	d	6
xxviij	b	Ruphus	Tau. 25	e	7
xxix	c	Felix	Gem. 8	f	8
xxix	d	Carburge	Gem. 21	g	9
xxxi	e	Augustine	Can. 4	a	10

New moone the
7. day, neare high
noone.

first quarter
the 14. day, a
quarter after 2. in
the morning.

Full moone the
21. day, neare mid-
night

Last quarter the
30. day, halfe an
houre after one in
the morning.

September hath xxx. dayes.

Raw Fruits though ripe may sicknes bring,
Vnripe much eaten a dangerous thing:
If now a surfet thou dost take,
When others sleepe thou must awake.

Account
beyond sea

i	f	Egid. Ibbot Can. 18	b	11
ii	B	Anthonyus Leo 3	c	12
iii	a	D. d. in. Greg Leo 17	d	13
iiii	b	Tran. of Cur Virg. 3	e	14
v	c	Bertine Vir. 17	f	15
vi	d	Eugenius Libz. 2	g	16
vii	e	Eucines Libz. 17	a	17
viii	f	Pat. of Ma. Scoz. 2	b	18
ix	g	Gorgonius Sco. 16	c	19
x	a	Silvius Dag. 0	d	20
xi	b	Mauritius Dag. 14	e	21
xii	c	Maximilian Dag. 27	f	22
xiii	d	de in Libra Capz. 10	g	23
xiiii	e	Holy Crosse Cap. 23	a	24
xv	f	Da. of Ma. Aqua. 5	b	25
xvi	g	Edith Aqu. 17	c	26
xvii	a	Lambert Aqu. 29	d	27
xviii	b	Jamia. mart. Pisc. 11	e	28
xix	c	Eustace Pisc. 23	f	29
xx	d	Pat. T.L. f. Bries 4	g	30
xxi	e	D. Mathem Bries 16	a	1
xxii	f	Teclaburg. Bries 28	b	2
xxiii	g	Andochius Taur. 10	c	3
xxiiii	a	Cypri. & Iust. Tau. 22	d	4
xxv	b	Femine Gem. 4	e	5
xxvi	c	Indrother Gem. 17	f	6
xxvii	d	Colin. & Da. Can. 0	g	7
xxviii	e	Exuper. f. Can. 13	a	8
xxix	f	St. Michael Can. 27	b	9
xxx	g	Jerom. Pisc. Leo 11	c	10

Rem noone the
5. day, 38. minut.
after 7. at night.

first quarter
the 12. day, a lit-
tle after 2. at
none.

full moon the
20. day, a little
after 4. at night.

Last quarter the
28. day, neare 1.
in the morning.

Goe Hunt, drinke Wine that's old and good,
Vie exercise for health:
Now mayst thou take good store of foode,
Which hast good store of wealth.

Accipit
beyondica

i	a	Remegius	Leo 26	b	11
ii	b	Leodigar	Virg. 11	c	12
iii	c	Candide	Virg. 26	d	13
iiii	d	Francis	Lib. 11	e	14
v	e	Spolmarus	Lib. 25 5. day, at 7. a	f	15
vi	f	ides	Deco. 10 clocke at night.	g	16
vii	g	Mars. & Ma	Deco. 24	h	17
viii	a	Delagius	Sag. 8	i	18
ix	b	Delagius	Sag. 22	j	19
x	c	Gercon	Cap. 5	k	20
xi	d	Nichallus.	Cap. 18 first quarter the	l	21
xii	e	Wulfride	Aqua. 1 12. day, a little	m	22
xiii	f		Aqua. 14 after 2. at noone.	n	23
xiiii	g	Trans. Cd.	Aqua. 26	o	24
xv	a	Cel. xij	Pisc. 8	p	25
xvi	b	Alkan	Pisc. 20	q	26
xvii	c	Gallus	Tries 2	r	27
xviii	d		Tries 13 Full moone the	s	28
xix	e	fridwilde.	Tries 25 20. day, 3. quar.	t	29
xx	f	Dustrebert	Taur. 7 ters after 9. in	u	30
xxi	g	40000. Virg	Tau. 19 the morning.	v	31
xxii	a	Scue. mart.	Gem. 1	w	1
xxiii	b	Roman Trech	Gem. 14	x	2
xxiiii	c	Crispine & Cr	Gem. 27	y	3
xxv	d	Quarist	Can. 10 Last quarter	z	4
xxvi	e	Misuta	Can. 23 the 27. day, three	aa	5
xxvii	f	Florence	Leo 7 quarters after 10	ab	6
xxviii	g		Leo 21 at night.	ac	7
xxix	a	Narcissus	Virg. 6	ad	8
xxx	b	Germanus	Virg. 20	ae	9
xxxi	c	Quintin	Lib. 5	af	10

November hath xxx. dayes.

If Rhewmes doe now molest thy head,
It is not ill to sweate in bed:
Feede on good meate if stomacke serue,
Elle seeke for that which doth preferue.

Accompt
beyond

i	d	All Saines	Libz. 20		g	11
ij	e	All Soules	Dec. 4	●	a	12
iiij	f	Wenefred	Dec. 19	New moon the	b	13
viij	g	Amurcius	Dec. 3	3. day, halfe an	c	14
x	a	Winfred	Dec. 17	houre after 2. at	d	15
xiiij	b	Leonard.	Cap. 0	noone.	e	16
xviij	c	Wulfhrod	Cap. 13		f	17
xxiiij	d	J. Crowned	Cap. 26)	g	18
xxviii	e	Theodore	Aqua. 9	first quarter	a	19
xxxiij	f	Martin bish.	Aqu. 21	the 10. day, neare	b	20
xxxviij	g	Martianus	Pisc. 4	midnight.	c	21
xxxxiiij	a	Paternas	Pisc. 16		d	22
xxxxviij	b	John in bagua	Pisc. 28	●	e	23
xxxxxiij	c	Erben.	Aries 10	full moone the	f	24
xxxxxviii	d	Eugenij	Aries 22	19 day, halfe an	g	25
xxxxxxiiij	e	Edmond dep	Tau. 4	houre after 2. in	a	26
xxxxxxviij	f	Hugh	Tau. 16	the morning.	b	27
xxxxxxxiiij	g	Octa. Mart.	Tau. 28		c	28
xxxxxxxviii	a	Elizabeth	Gem. 11	Nat. Pr. Charles.	d	29
xxxxxxxxiij	b	Edmund	Gem. 24		e	30
xxxxxxxviij	c	Priscilla	Can. 7		f	1
xxxxxxxxiij	d	Cecilia	Can. 20		g	2
xxxxxxxviii	e	Clement D.	Leo 4	☾	a	3
xxxxxxxxiij	f	Grillogon m.	Leo 17	Last quarter	b	4
xxxxxxxviii	g	Rachetne	Virgo 2	the 25 day, 10.	c	5
xxxxxxxxiij	a	Linus	Virg. 16	minutes after 2.	d	6
xxxxxxxviii	b	Agricola	Libra 1	at noone.	e	7
xxxxxxxxiij	c	Germa. en de	Libz. 15		f	8
xxxxxxxviii	d	Saturn fast	Dec. 0		g	9
xxxxxxxxiij	e	St. Andrew	Dec. 14		a	10

December hath xxxj. dayes.

Now Fire and hot meates haue thou must,
December loues warme Potions:
Drinke Wine, beware of too much lust,
Goe warme and vse strong motions.

Accompte
beyondica

i	f	Loe bishop	Dec. 28	t	11
ij	G	Liban mart.	Dec. 12	12	
iii	a	Diamond dep	Dec. 25	d	13
iiii	b	Barbara	Cap. 8 3. day, a little af-	e	14
v	c	Sabba Abb.	Cap. 21 ter 2 a clocke in	f	15
vi	d	Nicholas	Squa. 4 the morning.	g	16
vii	e	Ona of And.	Squa. 16	a	17
viii	f	Conc. Mary	Squa. 29	b	18
ix	G	Cyprian	Pile. 12	19	
x	a	Eulalie	Pile. 23	d	20
xi	b	Damascus	Tries 5 the 10. day, a quar	e	21
xii	c	Solm Cap.	Tries 18 ter after 9. at	f	22
xiii	d	Lucy virgin	Taur. 0 night.	g	23
xiiii	e	Ortho	Tau. 12	a	24
xv	f	Valerius	Tau. 24	b	25
xvi	G	O Sapientia	Gem. 7	26	
xvii	a	Lazarus	Gem. 20	d	27
xviii	b	Gratian	Canc. 3 18. day, halfe an	e	28
xix	c	Genet	Can. 16 howet after 5. at	f	29
xx	d	Julian	Leo 0 night.	g	30
xxi	e	Thomas Ap.	Leo 14	a	31
xxii	f	20. Martys	Leo 28	b	1
xxiii	G	Victor virgin	Virg. 12	2	
xxiiii	a	Candida	Vir. 27	d	3
xxv	b	Bleth of Ch.	Lib. 11 25. day, a quarter	e	4
xxvi	c	S. Stephen.	Lib. 26 after 2. at noone.	f	5
xxvii	d	S. John	Dec. 10	g	6
xxviii	e	Innocents	Dec. 24	a	7
xxix	f	Tha. Becht.	Dec. 8	b	8
xxx	G	Jacob	Dec. 21	9	
xxxi	a	Blas. Ger	Cap. 4	d	10

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Friend. 1631.

A
Prognostication,
Wherein you may be-
hold the state of this
present yeere of our

Lord God, 1631.

Being the first from the
Leape yeere.

By *Gabriel Friend.*

Psal. 19. 2, 3.

*One day telleth another, and one night
certifieth another.*

*But there is neither speech nor language;
yet their voices are heard among them.*

LONDON,
Printed for the Company of
Stationers. 1631.

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**A Description of the foure Quarters of
this present yeere, and also the dis-
position of the same.**

Of Winter.

The ☉ *Sunne* in ♊ *Capricorne*,
♊ *Aquarius*, ♋ *Pisces*.

THE Winter Quarter Astronomicall of this
yeere 1621. tooke his beginning on the 12.
day of Decemb. 1620. being Tuesday, when
the Sun entred into the first minute of the
moueable Signe Capricorne, feminine, noctur-
nall, solstitial of earthy nature. &c. and continueth vn-
till the Sun hath gotten the latest part of Pisces, ma-
king euen then our Hiemall, or winter solstice, and pro-
ducing vnto vs in this our North latitude the shortest
day and longest night in the yeere.

This Winter season, reported of the wise and learned,
to be (of its own nature) cold and moist, contrary to the
condition of Summer, will not much alter his accusto-
med nature; and according to the opinion of the lear-
ned, The more colder and drier it is, the more wholsom
it is: yet, ouer-much cold killeth those trees that are
planted in a warme region, especially such as are ten-
der: but a warme and moist winter is vnwholsome,
and a great enemy to health and husband-men, but if
snowe fall in a reasonable quantitie, it will both fatten
the fields, and p̄serue and ripen the corne.

The Sappe leaueth now the branches of Trees and
Herbs, and descendeth into the rootes: natural heat is
also driuen into the inward parts of mans body; and

A/Prognostication.

the Rootes of Plants and Hearbs, are most necessary in Winter for Physicall vses.

The diseases incident to this quarter are, Stitches, Coughs, Cramps, Phlegmatick Feuers, Swoundings, Rheumes, Toothache, Aches in the Joints, Colics, paines in the Stomake, Lashes of sundry sorts.

Wherefore for to prevent such griefes,
vse meate thats warme and drye

Both Head and Feetes see warme thou keepe,
eate much, drinke sparingly.

The ☉ Sunne in ♈ Aries, & Taurus, & Gemini.

The second part of the yeere Astronomicall, is the Spring, which beginneth when the Sun hath made his progression from the lower part of the Zodiaque, through the three winter signes, he cometh to the first minute of Aries, on Sunday the 21. of March, an Equinoctiall signe and Masculine, mouable and diurnall, of the nature of fire, &c.

This quarter, being the comfortablest quarter in the yeere, and is of nature warme and moyst, for then the Sun draweth neere to the Zenith, being the temperatst quarter in the yeer, and discovereth many diseases that haue before lye in the bodie: wherefore, it is now fit time to take aduice of the learned in Physicall matters to prevent danger.

Now doe the East windes blowe, dispersing the superfluous humors, making the earth apt to bring forth all things for the good and comfort of man.

The dates and nights are now of an equal length, for the Sunne riseth at sixe of the clocke in the morning, and setteth at sixe at night, and this quarter endeth at the first touch of the Sun in the signe Cancer, which is on Monday the 21. of June.

Frech

Fresh Humors now abound Manin,
to Bleed and Purge spare not thy wealth,
Let Meates be pure, and Meales but thin,
if thou regard thy future health.

Of Summer Quarter.

The ☉ Sun in ☿ Cancer, ♋ Leo, or ♍ Virgo.

THE third Quarter of the yeere Astronomicall, is Summer, which taketh his beginning when the Sun entered into the first scruple of Cancer, a feminine and moouable signe, making vnto vs the Summer Solstitiall, and hath his greatest declination to the North from the Equinoctiall, making vnto vs the longest day and shortest night in the yeere, and this Quarter endeth when the Sun entereth the first point of the signe Libra, which is on Friday the 13. of September this present yeere.

The disposition of the season is hot and drie, resembling fire, natural heat now leaueth the inward parts, and possesseth the outward, and therefore mans stomacke is now slow of digestion; eate and drinke moderately, lest that you surfet and bring your selues into desperate and dangerous diseases, such as these (that follow and are attendant on this season) paines and Itches in many parts of the body, viz. Jaundis, Pluristles, burning feuers, vnquietnes of minde, Lashes, Sorrow, Pestilence, Obstructions in the Liuer, Vomiting, Headach, Purse-ach, which is like to breed the Heartache, or Consumption, with other infirmities proceeding of Melancholy.

Mans Stomacke now more weaker is,
then earst it was before:

To gormandize it is not good:

Take heed: it will make thee poore.

A Prognostication.

Autumne, Haruest, or the fall of the lease.

The ☉ *Summe* in ♎ *Libra*, ♏ *Scorpio*, and ♐ *Sagittary*.

A *U* *t* *u* *m* *n* *e*, or *Haruest*, being the fourth and last *Quar-*
ter of the *Astronomicall* yeere, both begin at the
Suns entrance into *Libra*, producing thereby a second
equinoctiall corquating, and making euen the day and
night of an equal length.

The season of this vniwhollsome *Quarter*, by nature,
is cold, & dry, variable, and inconstant: sometimes in-
temperately cold, as often in the nights, and at other
times, as in the day, very warme, heating and opening
the pores. so that men are harmed thereby concerning
their health, except they be very wary: Wherefore, this
time of all other in the yeere, as the *Iudicious* affirme,
is dangerous for sicknes, and therefore great warinesse
to be taken, as well in the order of mans *Dyet*, as also
in his cloathing, and exercise.

This *Quarter* continueth till the *Sun* hath passed
thorow the three *Autumnall* signes, at his entrance
into the first scruple of *Capricorne*. Now it is a fit
time againe to take *Phylcke*, not onely such as feeble
diseases in their bodie to begin to grow, but also such
as haue had long and old diseases; but take heed you
take not the aduise of *Mountebanks*, or such *Quack-*
salsing knaues, or women doctors (vnskilfull) who kill
more then they cure.

The face of the *Earth* now loseth her beaurie,
Plants and *Trees* now cast their *flowers*, *Leaves*,
and *Fruits*: *Beasts* betake themselves to their *Dens*,
Serpents to their *caues*, *flouds* are now at the high-
est, and *Springs* at the lowest.

The *Diseases* attending this sickly Season, are
many and dangerous, and chiefly these: painefull
Coughs,

**Coughs, Quartan Agues, Strangurie, winde in the
Stomack, Consumptions, Consuming Agues, Rame-
nelle in the limmes, Hozenes of Winde, Swelling and
hardning of the Spleen, Melancholy Passions, Fissu-
laes, Fluxes of Bloud, Cankers, Botches, vnaccusto-
med Feuers, and such like.**

Take heed, I say, of cold raw Fruit,
whose iuice corruption breed:
This Season serueth fit againe
to Purge, to Bathe, to Bleed.

The rising and setting of the Sunne, the length of the
day and night, the quarters of the Moone, with the
disposition of the weather for each quarter thereof,
as also conuenient notes of Husbandry, for
every month in the yeere.

January.

The 4 day the Sun riseth at 8 of the clock, and setteth
at 4, the day is 8 houres, the night 16 houres.

The 15 day the Sun riseth a quarter before 8, setteth
a quarter after 4. The day is 8. houres and a halfe, the
night 15 houres and an halfe.

The 24 day the Sun riseth halfe an houre before 8,
and setteth halfe an houre after 4. The day is 9 houres,
the night 15 houres.

Last quarter the 10 day, neare 3 a clocke at night
windy cold weather.

New Moone the 12 day, neare 3 a clocke at noone,
windy and wet weather.

First quarter the 10 day, after noone, frost.

Full Moone the 17 day, neare 4 a clock at noon time,
winterlike weather, especially inclined to thunder and
raint on the 28 day.

That Timber that you would not haue to thinke of

A Prognostication.

thus, cut downe now: Stub & root your meddowes and arable ground, & it will not grow againe: Digge your Gardens, remoue your Bees, vn-wy the roots of your fruit-bearing Trees, especially those that be aged and barren: Make ready your Plough tacklings: fallow your Land for Wheat & Rye: Rine vp your fine ground for Dates, that it may be seasoned and mellow.

February.

The first day the Sunne riseth a quarter after 7, and setteth a quarter before 7. The day is tenne houres and a halfe, the night 13 and a halfe.

The 9 day Sunne riseth at 7, and setteth at five. The day is 10 houres, the night 14 houres.

The 16 day Sunne riseth a quarter before 7, and setteth a quarter after five. The day is ten houres and a halfe, the night 13 and a halfe.

The 24 day the Sunne riseth halfe an houre before 7, and setteth halfe an houre after five, the day is 11 houres, and the night 13 houres.

Last quarter the 3 day, at 9 a clocke, cold and misty dayes.

New Moone the 11 day, neare halfe an houre after 10 in the morning, more moisture threatned.

First quarter the 19 day, a little after 9 in the morning, windy weather, inclined to raine.

Full Moone the 26 day, neere 1 a clocke in the morning, cold frosty weather.

Cue and prune your fruit trees, pull off the Mosses and other noysome outgrowings, lay your Quicksets, plant Holes: cut, lop, slash, and twiss your hedges at the last quarter of the Moone: graft and set Trees, Slippes, Branches: and bare knots at the full of the Moone at night: Rine vp your layed Land, and sow Beanes, Pease, and Dates in dry ground, in the new of the Moone: but in watry and moist ground, after the

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the full Moone, or within foure dayes before or after the same.

March.

The fourth day Sun riseth a quarter after 6, and setteth a quarter before 4. The day is 11 houres and a halfe, the night 12 and a halfe.

The 11 day the Sunne riseth at sixe, and setteth at six. The day and night equall.

The 18 day the Sun riseth a quarter before 6. and setteth a quarter after 6. The day is 12 houres and a halfe, the night 11 houres and a halfe.

Last quarter the 5 day, a quarter after high=noone, Windy, yet dries weather.

New Moone the 13 day, at 4 a clocke in the morning, fayre Sun=shyne weather.

First quarter the 20 day, 37 minutes after 7 a clock at night, some small Showers threatned.

Full Moone the 27 day, neare 11 a clocke in the morning, temperately inclined.

Some Beanes, Pease, Dates in the beginning: Graffe and plant fruit trees, and especially in the end of March. Set Gourds, & Sage: couer the Rootes of your trees that were bared in January, with kindly earth at the full of the Moone, and first cleave the Rootes & driue in wedges, and bore holes thorow the Trees, and stop the same againe with Pinnes: all which he meanes to make them beare the better.

Plough and labour your Early land. Carry your Middin to the field, and chiefly in the last quarter of the Moone, then it will not dry away.

April.

The 2 day Sun riseth a quarter after 5, and setteth a quarter before 7. The day is 13 houres & a halfe, the night 10 and a halfe.

The

A Prognostication.

The 11 day the Sunne riseth at 5, and setteth at 7.
The day is 14 houres, the night 10.

The 19 day it riseth a quarter before 5, and setteth a quarter after 7. The day is 14 houres and a halfe, the night 9 and a halfe.

The 27 day the Sun riseth halfe an houre before 5, and setteth halfe an houre after 7. The day is 15 houres, and the night 9

Last quarter the 3 day, a quarter after 4 a clocke after noone windy weather.

New Moone the 11 day, halfe an houre past 7 a clock at night, troubled ayre.

First quarter the 19 day, 3 quarters after 2 a clocke in the morning, sayre sunshining weather.

Full Moone the 25 day, a litle after 8 a clocke at night, weather fitting the season.

Sow Barly in strong land: and in the South of England, some Hemp and flax, and part of your Garden seeds, as Gourds, Cucumbers, Melons: and set your Garden heards about the end of Aprill.

May.

The 7 day the Sunne riseth a quarter after 4 and setteth a quarter before 8, the day 15 houres and a halfe, the night 8 and a halfe.

The 18 day it riseth at 4, and setteth at 8, the day 16 houres, the night 8.

Last quarter the 3 day, a quarter after 10 a clocke in the morning, windy coole weather.

New Moone the 11 day, halfe an houre after 8 a clocke in the morning, coole and comfortable.

First quarter the 18 day, at 8 a clock in the morning, coole wrather fitting season.

Full Moone the 25 day, half an houre after 6 a clock in the morning, hot weather.

Sow

Sow Early in the beginning, specially in *Yorkshire*:
 set Gourds, Cucumbers, and Melons : sow Leekes,
 Onions, Pursaine, Coriander, Smalage, & Basil:
 then stir your land, the first stirring for Wheat & Rye.
 June.

The 8 day the Sunne riseth a quarter before foure,
 and setteth a quarter after 8. The day is 16 houres
 and a halfe, the night 7 and a halfe.

The 14 day of this moneth, the dayes bee at the
 longest, from which time, untill the 8 day of the next
 moneth, they shorten halfe an houre.

Last quarter the 2 day, 3 quarters after 3 a clock in
 the morning, hot sultrie weather.

New Moone the 9 day, at 7 a clocke in the night,
 coole windy weather.

First quarter the 16 day, 3 quarters after high noon,
 windy weather.

Full Moone the 23 day, halfe an houre after 6 at
 night, thunder and ratne threatened.

Carry forth your Dung to cherish your Wheat and
 Rye lands, bring home your fuel, set Leekes at the end
 of the moneth, & sow tender hearb seedes, mow downe
 your low Meadowes lying neere the water sides.

July.

The 8 day the Sun riseth at 4, and setteth at 8. The
 day is 16 houres, and the night 8.

The 19 day it riseth a quarter after 4, and setteth a
 quarter before 8. The day is 15 houres and a halfe,
 the night 8 and a halfe.

The 28 day it riseth half an houre after 4, & setteth
 halfe an houre after 7. the day is 15 houres, the night 9.

Last quarter the first day, a quarter after 8 at night,
 hot Summer-like weather.

New Moone the 9 day, 40 minutes after 3 in the
 morning, hot Sun-shining.

Full

A Prognostication.

First quarter the 15 day, half an houre after 6 a clock at night, coole temperate weather.

Full Moone the 23 day, a little after 8 a clock in the morning, windie, inclined to wet.

Last quarter the 31 day, a little after xi. clocke in the morning, temperate weather.

Cut downe your high Meddowes, & much of your other Grounds, the continuance of faire weather is doubtful: follow the old Proverbe, Make Hay while Sunne shine: make emplastration for Sootes, lay naked knots in fruit trees: and about the end, put Aske into part of your hard corn.

August.

The 1st day Sunne riseth a quarter before 5, and setteth a quarter after 7. The day is 14 houres and a halfe, the night nine and a halfe.

The 14 day it riseth at 5, and setteth at 7. The day is 14 houres, the night 10.

The 22 it riseth a quarter after 5, and setteth a quarter before 7. The day is 13 houres and a halfe, the night 10 and a halfe.

The 30 day it riseth halfe an houre after 5, and setteth halfe an houre after 6. The day is 13 houres, the night 11.

New Moone the 7 day, neare high noone, fayre Sunshining weather.

First quarter the 14 day, a quarter after 2 a clock in the morning, thunder and troubled ayre, inclined to raine.

Full Moone the 21 day, neare midnight, weather fitting the season.

Last quarter the 30 day, half an houre after 1 a clock in the morning, troubled ayre.

Now is the fittest time to pull and gather your Summer fruit, reape downe your Rye and Wheat,
and

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and get it into your Barnes : and about the end of the moneth, bowne with your Dates ; and about the latter, be stirring for Wheat and Rye.

September.

The Sun riseth a quarter before six, and setteth a quarter after six. The day is 12. houres & a halfe, the night 11 and a halfe.

The 13 day it riseth at 6, and setteth at six. The dayes and nights equall in length.

The 22 day it riseth a quarter after six, and setteth a quarter before six. The day is 11 houres and a halfe, the night 12 and a halfe.

The 29 day it riseth halfe an houre after 6, and setteth halfe an houre before 6. The day is 11 houres, the night 13.

New Moone the 5 day, 38 minutes after 7 a clocke at night, weather fitting the season.

First quarter. the 12 day, a little after 2 of the clock at noon, troubled skie, especially on the 13. day.

Full Moone the 20 day, a little after 4 a clocke at night, blustering windie weather.

Last quarter the 28 day, neare 1. a clock in the morning, rainie weather.

Reape your Barley, gather your Beans & Pease : and about the midst of this moneth some Wheat and Rye in strong land, carry your compasse for Wheat and Rye : for one load now, is worth any other thre before this moneth.

October.

The 7 day, Sunne riseth a quarter before 7, and setteth a quarter after 5, the day is ten houres and a halfe, the night 13 and a halfe.

The 14 day the Sunne riseth at 7, and setteth at 5. The

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5. The day is 10 houres, the night 14.

The 22 day it riseth a quarter after 7, and setteth a quarter before 5. The day is 9 houres and a halfe, the night 14 and an halfe.

The 29 day the Sunne riseth halfe an houre after 7 and setteth halfe an houre before 5. The day is nine houres, and the night 15.

New Moone the 5 day, at 7 a clocke at night weather fitting the season.

First quarter the 12 day, a little after 2 of the clock at noone, rainie weather.

Full Moone the 20 day, neare 10 a clock in the morning, coole temperate weather.

Last quarter the 27 day, 3 quarters after 10 a clocke at night, faire Sun-shining weather.

Some Wheate and Rie in the beginning, scoure Ditches and Ponds, let Plum, Pearre and Apple, and Walnut trees, remoue trees, let Nut trees, plash hedges and Trees.

November.

The 8 day the Sunne riseth a quarter before 8, and setteth a quarter after 4. The day is eight houres and a halfe, the night 15 and a halfe.

The 12 day it riseth at 8, and setteth at 4. The day is 8 houres, the night 16 houres.

New Moon the 3 day, half an houre after 2 a clock at night, troubled ayre.

First quarter the 10 day, neare midnight, cold rainy winter-like weather.

Full Moon the 19 day, halfe an houre after 2 a clock in the morning, windy weather, and inclined to moy= sure.

Last quarter the 25 day, 10 minutes after 2 of the clocke at noone, cold frosty weather.

It

It is good to sowe Wheat & Rye in the beginning of the moneth, in dry ground : set and remooue Deare trees, Plum, & Apple trees : namely, into warme dry ground. Cut downe your Timberwood in the wane of the Moone, and specially your Ashwood for all your Plangd geares : and fallow your land for Barley.

December.

The 8 day the Sun riseth a quarter after 8, and set-
teth a quarter before 4 : the day is 7 houres and a
halfe, the night 16 and a halfe.

The 13 day of this moneth the daies bee at the short-
est : from which time, until the 4 of January, they
lengthen but halfe an houre.

New Moone the 3 day, a little after 2 a clocke in
the morning, snow and cloudy weather.

First quarter the 10 day, a quarter after 9 a clock
at night, faire Sun-shining weather.

Full Moone the 18 day, halfe an houre after 5 of
the clocke at night, wet winter-like weather.

Last quarter the 25 day, a quarter after 2 a clocke
at noone, cold, frostie winter-like weather.

Cut down Timber-wood to build, or for other like
purposes : Cut and brush Hedges and superfluous
branches. Take Birdes and fowle with Nets and
Lime-twigges, and fallow your Land for Barley :
downe with your fat Beecus and Sheepe, to relieue
and welcome your poore Neighbours.

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To know what your dayly expences come
vnto in the whole yeere, very ready
without a Table.

Suppose you spend six pence a day, and would know
what it cometh vnto in the whole yeere: say thus,
Six pence the day is six pound, 6 halfe pound and six
groats, which being set all together, maketh 9 pounds
2 shillings. Againe, 8 pence the day, is 8 pounds, 8
halfe pounds and 8 groats, which being set together,
amounteth to the summe of 12 pounds, 2 shillings 8
pence: and thus you may doe the like vpon any other
summe whatsoeuer.

The Rising and setting of the Planets for euery Moneth ~~throughout~~ the whole yeere.

Januarie.

Saturne riseth when the Sunne setteth.
Iupiter is neere the South at Sun-set.
Mars is South at Sun-rising.
Venus is West South-west at Sunne-set.
Mercury setteth a little before the Sunne.

February.

Saturne is South-east, & by South at Sun-set.
Iupiter South, South-west at Sun-set.
Mars is South at Sunne-set.
Venus and Mercury set before the Sunne.

March.

Saturne is South when Sunne riseth.
Iupiter South-west at Sun-set.

Mars

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Mars is South, South=east at Sunne=se.
Venus is West, South=west at Sun set.
Mercury setteth vnder the Sunne beames.

Aprill.

Saturne is South South=east at Sun set.
Iupiter and Mercury are West after Sunne=se.
Mars is our Euening Starre.
Venus setteth a little before the Sun.

May.

Saturne creepeth toward the West at Sun=se.
Iupiter setteth with the Sunne.
Mars riseth when Sun setteth.
Venus and Mercury set together before Sunne.

Iune.

Saturne setteth before the Sunne.
Iupiter is South=west at Sunne=se.
Mars is in the South at Sun-set.
Venus and Mercury are South at Sun=se.

Iuly.

Saturne setteth before the Sunne.
Iupiter is South=west at Sun-set.
Mars South, and by West at Sunne=se.
Venus setteth a little before the Sunne.
Mercury setteth a little after the Sunne.

August.

Saturne is South=west at Sun-setting.
Iupiter is neere South at Sun-set.
Mars is in the South at Sun-set.
Venus & Mercury set with the Sunne.

C

Septem.

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September.

Saturne is South-west & by West at Sun-setting.
Iupiter is South when the Sun setteth.
Mars is South and by West at Sun-set.
Mercury is West and by South at Sun-set.
Venus is West & by South at Sun-set.

October.

Saturne is South and by West at Sunne set.
Iupiter is South and by East at Sun-set.
Mars is South-west and by South at Sun-set.
Mercury setteth with the Sunne.

November.

Saturne is South-east at Sun-setting.
Iupiter is East and by South at Sun-setting.
Mars is South-west at Sun-setting.
Venus is West South-west at Sunne setting.
Mercury is West and by South at Sunne-set.

December.

Saturne is East South-east at Sun-set.
Iupiter is East at Sunne-set.
Mars is South-west at Sunne-set.
Venus & Merc. are South west & by west at Sun-set.

How the moueable Feasts are found readily.

Seke the change of the Moone in february, for
that yere yee require these moueable feastes, note
what day it fallerh on, the next tuesday is Shrove-
tuesday, but if the change be on tuesday, the next tues-
day ensuiing is it the next Sunday is the first Sunday
in Lent, and 6 Sundaries after is Easter day, adde 35
daies or 5 weeks to Easter day, ye haue Rogat. Sun-
day,

day, to that adde 4 dayes, then ye haue Ascension day,
then ye haue 10 daies to Whit Sunday, 7 daies after is
Trinity Sunday, & 4 daies after is Corpus Christi day,

A Rule whereby to know the houre of the night
by the Moone, also what houre and minute it is
Tyde, or high water at LONDON.

The age of the Moon.	The Meridi- an houre.	High water at London.			If you would know the houre of the night by the Moon, first find her age in the Almanacke for the time you desire, then find the same age in this Table, & right in the same line you shall finde the houre and minute, when she commeth to the South point, com- monly called Noon- tide. Now to know the exact houre by a ny Sunne-diall, do thus; (for the time
1	16	12	48	3	44
2	17	1	36	4	25
3	18	2	24	5	8
4	19	3	12	5	50
5	20	4	0	6	34
6	21	4	48	7	16
7	22	5	36	8	0
8	23	6	24	8	50
9	24	7	12	9	43
10	25	8	0	10	38
11	26	8	48	11	30
12	27	9	36	12	22
13	28	10	24	1	15
14	29	11	12	2	8
15	30	12	0	3	0

you desire) more by this Table at what houre she com-
meth to the South, and then marke what houre she
shadoweth on the Diall, and if it be past the South,
adde or put the houre which shee there sheweth vnto
the houre found in the Table: but if shee be not there
come to the South, then subtract or take out as many
houres as shee wanteth of coming to the South of
the Diall.

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As more plaine for example,

The Moone being 5 dayes old, I finde in the Table her comming to the South at 4 a clocke, now I looke in a Dyall and finde her shadow at 5, which 5 I adde to 4, and it maketh 9 which is the true houre.

Againe, the Moone being 25 dayes old, I finde her comming to the South being at 8 of the clocke. Now I looke in the Dyall and finde her shadow at 9 of the clock before noone, which wanteth three heures of the South point: wherefore, I say, it wanteth three houres of 8 of the clocke: I conclude then that it is 5 of the clocke.

Note that you must account for every heure which is past any prefixed time two minutes, for every heure 24 minutes, which is the difference betwixt tide & tide: for to know the time of the tyde at London bridge, as in this Table you see that the Moone being 7 dayes old, it is high water at 8 of the clocke, &c. and so of the rest.

The Moone maketh her revolution thorow the 12 Signes in 27 dayes and 8 houres, she doth continue in one signe 2 dayes 8 houres neerest every Signe, is divided into 30 degrees, every heure into 60 minutes, &c. and the yeere vulgar is 365 daies, or 8760 houres.

Of the Longitude and Latitude of England.

Thus much in miles whole England containes

34866.

Thus much in miles will reach about it round- 1890.

Her length frō Lizard point to Barwich Straits-334.

Twixt Dover & Holle-head her bredth is found-250.

Amongst Gods blessings England thus doth stand.

Lord blesse her King, and people with thy hand.

The

The naturall cause of the Sunne eclipsed.

The cause of the Sunnes eclipse is nothing else but the direct putting the body of the Moone, betweene the Sunne and the earth, or betweene our sight and the Sunne: and note that the Sunne is neuer eclipsed, but at new Moone, for then the Moone is tust vnderneath the Sunne. For the further the Moone goeth from the Sunne, the more is the light increased, yet the Sun is not eclipsed euery New Moon, and the reason is because she is sometimes on one side the Sun, and sometimes on the other: but when she hapneth tust vnder the Sunne, then both she eclipse and hide his light from vs.

The cause of the Moone eclipsed.

The eclipse of the Sunne is, when he is in the contrarie point to the full Moone, enforcing the shadow of the earth then directly put betweene the Sun and the Moone, toward the Moone, hiding more or lesse of the Moone, as she differeth from the eclipticall. Some obserue, how true I know not, pestilent Plagues, sudden Battels, and great Dearth to ensue these eclipses, which all, I desire God to avert from his elect and chosen: many other things by these eclipses are gathered; as, longitudes of Countreys, the quantitie of the Sunne containing the bignesse of the earth 162 times: the compasse of the earth is 21600 miles, whose thickenesse according to Archimides rule is 6872 miles a eight eleuenths of a mile.

The quantitie of the Moone is the 43 part of the earth.

The Sun containeth the Globe of the Moone 7000 times.

Saturnus comprehendeth the bignesse of the earth 91

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times. Jupiter 65 times, Mars once: & 10 Arteenths: Venus the 37 part: Mercurius one 32000 part of the earth.

The Characters of the 12 Signes.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Capricornus, ♒ Aquarius, ♓ Pisces.

The seven Planets.

♄ Saturne, ♃ Jupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☾ Luna.

The figures of Arithmeticke.

1	2	3	4	5	6	7	8
One,	two,	three,	four,	five,	six,	seven,	eight,
9	10	11	12	13			
nine,	ten,	eleven,	twelve,	thirteen,			
14	15	16	17				
fourteene,	fifteene,	sixteene,	seventeene,				
18	19	20					
eighteene,	nineteene,	twenty.					

Of the foure Quarters of the yeere, compared with the nature of the foure Elements, Ages, Regions, or Quarters of the Heauen, also with the foure principall Winds, and quality of them.

Hot & moist. | hot & dry | cold & dry | cold & moist.

Spring=tide.	Summer.	Autumne.	Winter.
Age.	Fire.	Earth.	Water.
Blood.	Choller.	Melan=	Phlegme.
Childhood.	Youth.	choly.	Extreme
Youth.	East.	Old=age.	Old=age.
South-wind.	East=	North.	West.
	wind.	North-wind.	West-wind.

Ccc.

Certaine necessary Rules concerning
and Chirurgery, worthy to be observed
amongst Practitioners.

First obserue, let blood at no time without
cause: but if you will needs vse Phlebotomy
it by the counsell of the learned: but the
naturall sort, is, for euery grieke to goe to the
ber to let Blood, and diuers times take gre
thereby: for there is neither age, strength, complexi
nor diet counted of, but euen as the blind man
the Mare: for sometime when the poore Patient
not spare 6 cunces, they will take twelue, and at
other time when he may take 16, hee will take 20.
Therefore I aduertise all men to take care of them
selues and to take counsell of the Learned before they
doe enter into any such action: for blood is the pri
pall humour in man, and the life of man consisteth
blood: for diuers times the blood being let forth of the
member by the vnlearned, without any good order
dyet appoynted after, the Patient beeing full of such
humours, doth increase farre worse blood then he had
before, and so great diseases will follow: but if you
must vse Phlebotomy, take care to these Rules that
follow.

It must be done in a temperat time neither too cold,
nor extreme hot. Therefore the Spring and the fall
of the Yeare are the best times.

The moone being in Cancer, Aquarius, and Pisces,
are the best times to let blood in.

The day of the change, nor full, you must not open
any veyne, neither the day before nor after.

The moone being in Gemini, Leo, the last halfe of
Libra, the first halfe of Scorpio, and the eastly triplici
tie; as, Taurus, Virgo, Capricornus, are to bee refused

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to open any bevue as vnmeete and vnholosome.

Further, you must not touch any part of mans body with any instrument of Chirurgery, when the Sun, the Moone, or the Lord ascendent is in the Signe that ruleth the place.

Notes to be obserued in ministring
of Physicke.

Purge by electuaries in Cancer, with potions in Scorpio, with Pills in Pisces.

Gentle purgations and glisters are to bee giuen at all times.

Purge by vomits in Aries, Taurus, and Capricornus. Gargarisms are best vsed whē the moone is in Cancer.

Let Vertue spring, and Vice decay;

And God will turne his wrath away.

Repent thy sinne, and doe no more:

Then Corne and Cattell thou shalt haue store,

Lay Pride aside, and belly-cheere;

And God will send a happy yeere.

FINIS.

Gloria in excelsis Deo.

1621.

New Almanack and Prog-

nostication for this present
yeare of our Lord God,

1621.

Being the first new Lease yeare.

Calculated and Composed for the

City of Durham, where the Pole

is mounted above the
Equinoctiall

55. degrees.

Non nobis nati sumus.

I will consider the Heauens euen the
workes of Gods fingers, the Moore
and the Starres, which he hath or-
dayned. *Psal.* 8. 3.

By Iohn Vaux, Curate of St.
Hellen Awckland.

Printed for the Company of

1621.